



Program Application 2027

Physical Education Extension – Sports Science (PEX) is an aspirational program designed to further the knowledge, skills and understanding of students who demonstrate high potential to be successful in physical education pathways and as leaders in the school. The lower school program is a direct pathway into advanced senior school Physical Education courses and future tertiary or professional pathways. A further goal of this program is to improve students' learning capacity and overall performance and success with their academic achievement. Students will need to reapply for their position each year.

The PEX program enhances and extends students in all aspects of Physical Education.

Students will engage in:

- **Traditional sports** (e.g. Basketball, volleyball, soccer, athletics).
- **Fitness based activities** (mountain biking, strength and conditioning, beach fitness).
- **Applying sports science concepts in a practical format** (biomechanics, nutrition, exercise physiology, sports psychology).
- **Linking with outside agencies** to develop coaching and umpiring qualifications.
- **Peer analysis of isolated skills and game play** using ICT including school iPads.

The program has been established as a pathway for students who may wish to study ATAR or General PE Studies in senior school and could be interested in careers in the sports and recreation industry. Prerequisites include a minimum C grade in Physical Education and English.

All students in the program must maintain acceptable standards of behaviour, respect for others and demonstrate a strong work ethic.

For further information contact:

Jenaya Bell (9797 9200)

Applications Close Friday, 5 June 2026

Information regarding the trial day will be sent to parents of successful applicants in Week 8 of Term 2.



Application for 2027

Please attach a copy of your student's most recent report to this application.



Applicant Details

Surname _____

D.O.B _____

Preferred Name _____

Current School _____

Male Female

Parent / Guardian Details

Full Name: _____

Email: _____

Address: _____

Town/Suburb: _____

Postcode: _____

Mobile: _____

Sporting achievements over the past two years

Sport	Year	Achievement

Current after school and weekend sporting commitments

Other comments

Coach Reference

To be completed by a current/previous sports coach.

Coach Name: _____

Phone or email: _____

Attitude to learn

Excellent Very Good Sound Limited

Leadership potential

Excellent Very Good Sound Limited

Sports skill level

Excellent Very Good Sound Limited

Interpersonal skills

Excellent Very Good Sound Limited

Self-responsibility

Excellent Very Good Sound Limited



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