

# Dalyellup College



## CRICKET SKILLS TESTING DAY Wednesday 29 July 2020 For Year 7, 2021, academic intake

## "The Cricket Academy of the South West"

### Background

The cricket program at Dalyellup College is a fully approved and endorsed program by the Department of Education and the WACA. Students will be able to enrol full time in a comprehensive cricket program from years 7-12.

### Course Description

The four hour per week course starts in year 7 and focuses on:

- Development of batting, bowling, fielding and mental skills
- History of cricket
- Fitness
- Biomechanical analysis
- Sports nutrition
- Sports injury management
- Coaching
- Umpiring
- Training camps
- Scoring
- Match strategies

### Senior School

Senior school students will undertake a Certificate II in Sports Coaching, where they will be able to further develop skills in cricket, coaching and umpiring. In addition, students will also gain a level 1 community coach accreditation.

### Enrolling

Parents will need to submit the attached application form and required documents (**Please send in copies of any documents/certificates - not originals**).

Parents and students will be notified whether or not they have been selected into the program, shortly after the trial date.

# Dalyellup College



## CRICKET SKILLS TESTING DAY PROGRAM For Year 7, 2021, academic intake

The skills and fitness testing for the specialist cricket program will be held on 29 July, Term 3, at Dalyellup College, commencing at 8:40am. Students are still encouraged to hand in the application if they're unable to attend the testing day.

### Program

8:40am	Assemble at Dalyellup College gymnasium
9:00am	Tour of College
9:30am	Skills Test - Net session and Fielding activities - Dalyellup Oval
10:45am	<b>Break 1</b>
11:20am	Fitness Testing - Weights Room
1:20pm	<b>Break 2</b>
2:00pm	Match Scenario - Gym
3:00pm	Finish and Parent Q&A - D9

Students will need to bring the following items:

- Copy of latest school report
- Drink bottle
- Cricket equipment - bat, pads, gloves etc. Equipment will also be available for use if students do not have their own.
- Running shorts and towel for fitness testing

**At the the end of the testing day, there will be a Q&A session held at the college in D9. During this time, the cricket program expectations for students and parents will be outlined.**

**Tim Bowen**  
Dalyellup College  
1 Wake drive  
T: 9795 2000

[timothy.bowen@education.wa.edu.au](mailto:timothy.bowen@education.wa.edu.au)

# Dalyellup College



**WACA**  
WESTERN AUSTRALIAN  
CRICKET ASSOCIATION



dream • believe • achieve

An Independent Public School



**WESTERN  
AUSTRALIA**

**APPLICATION FORM**  
**CRICKET SKILLS TESTING DAY**  
**Wednesday 29 July 2020**  
**For Year 7, 2021 academic intake**

## Specialist Cricket Program

Endorsed by the Department of Education and WACA

Surname: \_\_\_\_\_ Other Names: \_\_\_\_\_

Parent/Guardian Surname: \_\_\_\_\_ Other Names: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Male/Female: \_\_\_\_\_

Phone number: \_\_\_\_\_ Work: \_\_\_\_\_ Mobile: \_\_\_\_\_

Current School: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please return application by: **Friday 3 July, 2020**

**Tim Bowen**

**Dalyellup College**

1 Wake drive, Dalyellup 6230

T: 9795 2000

[timothy.bowen@education.wa.edu.au](mailto:timothy.bowen@education.wa.edu.au)